

Bahamas

7-night: Nassau to Nassau



Nassau to Highbourne Cay, Exumas

28 miles - 4 hours. Sail on a broad reach.

Day 1

Arrive at Palm Cay yacht Club for boarding at 17-18:00hrs.

Upon arrival locate the base, drop off your bags and spend the day enjoying the restaurants, bars, pool and facilities of this 5-star marina. At 17:00 check-in aboard the boat and meet the welcoming skipper, crew and fellow passengers. The first night is a sleep-over at the marina acclimatizing and enjoying the elegant surroundings of the best yacht club in the Bahamas.



Dinner: Dine aboard then have cocktails at the marina bar ashore with new sailing friends.

Day 2

HIGHBOURNE CAY: Sail early from Nassau to the Exumas'
Highbourne Cay, and meet with the curious and playful iguanas that
inhabit this island paradise. Highbourne Cay provides a first swim
and snorkel in the Exumas, sharing the translucent waters with
dozens of species of colorful fish.



Dinner: Toast the sunset with new crewmate friends aboard, before a sumptuous Bahamian feast prepared by the yachts' chef. Let the day sink in while stargazing on the bow with a night-cap!





Highbourne Cay to Warderick Wells Cay

27 miles - 3.8 hours. Sail downwind.



Day 3

WARDERICK WELLS CAY: Wake to a scrumptious Bahamian breakfast before sailing 27 miles downwind from Highbourne Cay to Warderick Wells Cay. After a delightful tropical lunch, numerous activities await including visiting the 176 square mile Exumas Land and Sea Park. This ecological preserve was created in 1958 and was the first of its kind in the world boasting 30 beaches, miles of scenic hiking trails and phenomenal snorkelling as fishing has been prohibited for decades! Don't miss out on the hike to the top of Boo Boo hill, watching for sandpipers, tropical flowers and the unique blow holes created by tidal surge flowing under the island's porous coral base. Other options for the afternoon are going on a deep-sea fishing excursion or simply relaxing on the beach and soaking up the Bahamian sun!



Dinner: Dine aboard with your fellow crew mates on another freshly prepared meal prepared by the onboard chef.

STANIEL CAY: After breakfast and a morning snorkel, sail from Warderick Wells Cay 20 miles towards Staniel Cay. On route stop-off at Pig beach, famous for the colony of swimming pigs that have gained international notoriety for swimming out to greet visitors and for their sheer cuteness! After swimming, photographing and feeding watermelon to the pigs enjoy another lovely alfresco lunch aboard. But don't put the underwater camera away as a phenomenal Grotto where James Bond once swam awaits on a nearby islet. Thunderball grotto, the backdrop in a Bond film, is an impressive sized cave with translucent waters teaming with curious Caribbean fish! Upon arrival at Staniel Cay marina, explore this tiny Popeye village and enjoy a cool spiced rum cocktail at the yacht club pub.



Dinner: Returning to the boat there is time to freshen up before a divine seafood feast as the sun's glow illuminates the horizon. Another day in the Exumas ends taking in some night-life at the yacht club bar or star gazing on the boat trampoline!





SHROUD CAY: Heading upwind the catamaran feels like it is moving much faster, as the tapered bows slice through the sparkling waves the apparent wind cools the sun's glare. Sailing a catamaran this size upwind is truly exhilarating! Upon dropping anchor in a breathtaking azure lagoon, enjoy another tropically inspired lunch. In store for the afternoon is a kayak, dinghy or paddle board exploration of this pristine cove and the fascinating mangrove lined creeks that wind through the island highlighting unique flora and fauna. Later there is time to do some snorkeling and underwater photography or just relax on the beach.



Dinner: Dinner onboard under the bright stars.

NORMAN CAY: Wake up and dive in! Another day in the Exumas begins with a swim in the warm soothing emerald waters, followed by an extended healthy breakfast. Later a short 7-mile passage from Shroud Cay to Norman's Cay allows for an interesting snorkel on a sunken plane. The 1980's wreck of the drug running plane has since turned into a wonderful artificial reef, complete with dozens of dazzling tropical fish species and colorful spiny lobster peeking out of the coral garden dwellings. After lunch spend some rejuvenating time beach-combing for sand dollars, red coral and abandoned pink conch shells.



Dinner: Spend the last night in the Exumas enjoying more tropical cocktails and another fabulously fresh seafood meal prepared by your crew. Later, identify the constellations across the vast night's sky and connect with your new crewmate friends from all over the world.



NASSAU: An early breakfast allows for a spirited close-hauled 44 miles crossing northwest from Norman Cay to Nassau returning to the stunning the Palm Cay Marina. Back to reality, enjoy a nice lunch aboard and the 5-star amenities of the yacht club.



Dinner: An evening back in civilization allows a break for the boat chef, as the evening can be spent at the famous Atlantis hotel landmark, with its' incredible aquariums, casino and multitude of fine restaurants.

Day 8

DISEMBARK: Palm Cay Marina at 09:00hrs

