

Caribbean: Windward Islands

7-night: Martinique to Martinique



Martinique to Bequia



106 miles - 13 hours. Sail on a broad reach.

Bequia to Mayreau

29 miles - 4 hours. A beautiful run downwind.

Day 1

Arrive at Le Marin for boarding at 17-18:00hrs.

Le Marin, in protected Saint Anne's Bay, at the southern tip of Martinique, is a bustling community with shops, hotels, a large hospital, restaurants and snack bars. As the first marina in the Lesser Antilles, Le Marin is a great departure point to explore the famous Windward Islands. The crew will offer a welcome briefing and dinner before getting this adventure sailing tour underway with an overnight passage to Bequia island of the Grenadines.



Dinner: Dine aboard then have cocktails at the marina bar ashore with new sailing friends.

Day 2

MAYREAU: Wake to a wonderful breakfast, followed by an exhilarating sail downwind through the Grenadines to Saline Bay on Mayreau island. This is the least populated of the Grenadines with only 300 inhabitants. After a tasty tropical lunch an afternoon of watersports awaits. Swim, snorkel, kayak or explore the beach shoreline by paddleboard or by foot beach-combing.



Dinner: Dine aboard then have cocktails at the marina bar ashore with new sailing friends.





Day 3 and 4

MAYREAU: Wake up to a lovely breakfast in the sunshine, then explore this quaint little island on a one-hour hike from Seline Bay. The main road leads up to the Church of Immaculate Conception, then down towards Carnash Bay. Have coffee along the way at Combination Café or Denis' Hideaway, nestled between colourfully painted cottages and shops.

TOBAGO CAYS: Sail to the highlight of the tour - the Tobago Cays lagoon, surrounded by the islets of Petit Rameau, Baradal, Jamesby and Petit Tabac islets. Enjoy lunch in this heavenly paradise followed by the fantastic snorkelling in shallow waters with fringing reef.



Dinner: An optional beach BBQ excursion ashore on Petit Rameau, which includes aperitif, seasonal grilled lobster, mussels, fish or meat.

TOBAGO CAYS: Day 4 is is spent soaking up the sun in the tropical paradise of the Tobago Cays. Cool off in the lagoon enjoying watersports, wander along powdery soft beaches or hike on island trails lined with cactus, frangipani and hibiscus. An optional two-hour excursion aboard a small local boat allows a visit to Petit Tabac, the tiny islet featured in the Pirates of the Caribbean film, where Capt. Jack Sparrow was abandoned ashore.



Dinner: Dine aboard.



Tobago Cays to Bequia to St Vincent

47 miles - 7 hours. Tack upwind through the Windward Islands.

Day 5

TOBAGO CAYS: Following an early breakfast watch the Grenadines pass by, as the vessel tacks upwind towards Admiralty Bay on Bequia island. After lunch in this famous pirate stop-over, explore the lively market and colorful boutiques ashore.

ST VINCENT: The afternoon is spent laying on the bow trampoline as sparkling Caribbean sea washes by underneath and the yacht heads upwind to St. Vincent and beautiful Cumberland Bay.



Dinner: Enjoy another sumptuous supper prepared by the crew followed by an excursion ashore to dance to a Caribbean steel drum band at a fun local beach bar.







Day 6

ST LUCIA: In the morning sail close hauled across the passage from St. Vincent to St. Lucia, watching as the island's famous Pitons appear out of the mist. Upon arrival join an excursion by rental car or taxi to explore St Lucia's many sites. A hanging bridge allows access to the famous thermal waterfalls. After lunch back aboard, enjoy a hike through the rain forest part way up the two volcanic Piton spars, which are the most recognizable feature of this blessed island. In the afternoon, swim the enchanting waters of the bay and chat with the local boat boys as they sell handicrafts and fruit.



Dinner: Dine on spicy creole cuisine under the bright stars.



St Lucia to Le Marin, Martinique

47 miles - 7 hours. Tack across the channel between St Lucia and Martinique.

Day 7

ST LUCIA: After breakfast, join a 3.5-hour optional excursion of St. Lucia. Sites include the village of La Soufriere. Hike through the crater of the Soufriere volcano between geysers of boiling water and steam, followed by the Botanical Garden, mineral springs and sulphur hot baths. Upon return to the catamaran, eat an appetizing lunch underway for Martinique and Le Marin Marina at Saint Anne's Bay.



Dinner: Enjoy your last delectable dinner aboard or shout the crew at the marina restaurant.

Day 8

DISEMBARK: Le Marin at 09:00hrs

